Knights Knews

Grand Knight Report

Brother Knights

1255 |

We mourn the passing of Leo Maciel and Wendi Reibenspies. May they rest in peace. We pray for the Lord to comfort their family and friends.

St Rose is offering a few more sessions of the Rescue Project this year. I recommend this program and suggest you register on the St Rose website. The first is in February but the second is in April.

Our community dinner continues to be strong and provide meals to those in need. In addition, we continue to use our hall for the PADS program on Sundays and Wednesdays. Bingo continues to grow and our attendance has been great all month.

Our membership is strong and we should be adding a few new brothers. I am looking to get support for all our brothers. I have talked to a couple of people who have shared that they are looking to get involved. We have a lot of different programs, please start with one and get started. Reach out to the chairman for any program you are interested. Your support is always welcome and requested, especially for bingo.

We have our family mass on Feb 25th. Please join us at the 9 am Mass. The Super bowl is Sunday Feb 11, please make reservations and enjoy the party at the Knights Hall. Lent is starting and we will be hosting weekly Friday fish fry's. Please volunteer to cook, serve and clean but also come to enjoy a wonderful



KNIGHTS OF COLUMBUS IN SERVICE TO ONE. IN SERVICE TO ALL.

Grand Knight Report Cont.

| | | ~ |
|----------------------------------|---|--|
| meal with your ner on March 1 | family and friends. 7 th from 1-4 pm. | Finally, save the date for the St Patrick's Day Din- |
| Vivat Jesus | | |
| Chris Fabry | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Deacon's Corner

History of Lent

The first 3 centuries A.D., the Easter celebration originally included a 1-2 day period of fasting before the all night vigil and the Eucharist. By the 5th century, candidates for Easter baptism (usually adults) entered the final stages of preparation for the sacrament during the Lenten season. The weeks of Lent developed from this period of preparation.

Ash Wednesday became the first day of Lent. On that day, sinners publicly enrolled as penitents and were sprinkled with ashes as a sign of their repentance. By the 7th century, the days of Lent and Holy Week were more firmly established. Fewer candi-



dates prepared for Easter baptism, but Lent became a period of spiritual renewal for all the faithful.

From the Middles Ages on, the ceremonies of Holy Week and the Lenten practices of prayer and fasting were fully developed. The 40 days of fasting recalled Christ's fast (Matt 4:12) and the fasts of Moses (Ex 34:28) and Elijah (1Kings 19:18). In modern times, strict church rules regarding fasting and abstinence were gradually relaxed in favor of personally choosing penitential and self-denial practices. The emphasis for the Lenten period continued to be on Christ's suffering.

Vatican Council II reaffirmed ancient themes: the faithful should recall or prepare for baptism and do penance to make themselves ready for the Easter celebration. The Lenten season begins on Ash Wednesday and ends with the Mass of the Lord's Supper on Holy Thursday. In order to foster a greater spirit of penance, of reparation for sin, to encourage self-denial, and so guide us more closely in the footsteps of Christ, Holy Mother the church, reminds us of the following obligations of fast and abstinence during Lent, and also admonishes us all to a deeper prayer and worship.

Obligations

Abstinence - All 14 yrs and over to abstain from meat on Ash Wednesday and all Fridays during Lent.

Fast - All 18 to 59 yrs are bound to fast on Ash Wednesday and Good Friday. Fasting is generally understood to mean eating only one full meal each day. Two other partial meals may be taken but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed.

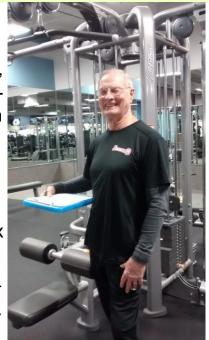
Viva Jesu Deacon Terry

Frank's Fitness

Real Food is Life-Giving; Drugs are Not Our Best Friend

Consider how massive numbers of species live on this earth, thriving from birth to death, eating and drinking only what nature provides. Now consider drugs, all of which are based on molecules, some found in nature, but modified to a state never seen in nature so that they can be patented, and presented to us to treat a specific disease. Consider that in nature no 'dis-ease' is caused by a drug molecule deficiency, and ponder why we seek out patented pharmaceuticals to fix them.

Consider that today most drugs are marketed to be taken for life; that the disease condition is never really corrected or repaired – the condition is now *treated*, and under control; we



are OK now and can go on living as we wish. We ignore the possibility that living as we wish may have caused the condition. Besides, change is hard and what to change is not easily understood.

Consider that virtually all Doctors being educated or trained today are following a path to a specialization; to treat a limited group of diseases with a basket of drugs not found in nature, while remaining unconcerned of the underlying cause for the development of those conditions. Meanwhile the conditions are the subject of thousands of hours of commercials broadcasted or streamed to our entertainment screens, payed for by the pharmaceutical companies to convince us we cannot fix or avoid the conditions, but they can be controlled for life if we but take this or that drug.

Consider that the Institutions training these doctors are funded by the very drug companies that lobby the government to help fund the institutions and their research, and to regulate the insurance companies that mechanize the payment system for the drugs. In the USA Medicare and Medicaid programs account for \$1,339 billion or 5.4% of GDP¹, the largest single expense category for taxpayers to support, and this is growing at a rate exceeding our national economic growth as our population grows older. We are going broke being ever sicker.

This rant was triggered by an interview of one <u>Calley Means</u>, a <u>crusader for sensible health practices</u>, posted on Youtube. It is about an hour and 15 minutes and well worth listening to. The interviewer is Dr. Mark Hyman and Means presents a sad picture of current trends in health care. It focuses mostly on the issue of metabolic disruption from our modern diet and how this lays the foundation for failing health as we age. A major theme is that we are going broke as a nation paying for a healthcare

Frank's Fitness Cont.

system that is not making us healthy, but letting us live longer at great expense for our children. Means' website is rich in ways to better health. My pitch is that anything you can do today to build better health is better than doing nothing. Eating/nutrition is the number one practice to improve now; read my Nutrition topic. Then, start moving; the most productive exercise for seniors is Resistance Training and I am a good resource for that information: 805-587-6855.

| the number one practice to improve <u>now</u> ; read <u>my Nutrition topic</u> . Then, start moving; the most productive exercise for seniors is Resistance Training and I am a good resource for that information: 805-587-6855. |
|---|
| To Your Greater Health and Fitness – In Christ, |
| Frank |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |

FROM THE FAITHFUL NAVIGATOR

Dear Brother Knight

Some members may consider the 4th degree as the final step as a Knight of Columbus when in fact it is really the beginning of the next phase of your career as a Knight. It provides full Council members the ability to fulfill their potential as a Knight

Being a member of the 4th Degree will allow you to experience the 4th founding principal of the Knights of Columbus which is **Patriotism**

In the next few months you will be given the opportunity to become a member of the 4th Degree. This opportunity only comes along once a year so I encourage you to take advantage of this occasion and join your fellow Brother Knights in the 4th Degree.

The 4th degree exemplification will take place on October 21, 2023 in Moorpark, Ca. I hope you give some serious thought to becoming a 4th Degree member and becoming part of the Father McDonagh Assembly #2557.

For those of you that are interested in becoming a member of the 4th Degree or have any questions, give me a call or send me an E-mail.

Vivat Jesus

FN Fred Valdez Navigator Assembly 2557 805-428-6413 F_Valdez@Yahoo.com

Page 6

OneLifeLA 2024

K of C Councils 5803 (Simi Valley) and 9969 (Holy Cross) co-sponsored a bus to take pro-lifers to OneLifeLA. The theme this year is "10 YEARS TOGEHER AS ONE" as this is the 10th year of this pro-life event. We marched in the rain from Olvera St to Los Angeles Historic State Park including Archbishop Gomez and a 102-year-old lady! This is an event where both Councils have sponsored trips in the last several years, except 2021 due to COVID.

It is always an uplifting event, seeing families in the rain with children, youth, seminarians, clergy, other faiths and brother Knights. We also met Fr Budi, past associate at St Rose, at La Placita Olvera; Fr. Budi will be our state K of C Chaplain beginning July 1 of this year!













KEEP CHRIST IN CHRISTMAS 2023 POSTER CONTEST

For the 2nd year, the Council sponsored a poster contest based on K of C's KEEP CHRIST IN CHRISTMAS – Poster Contest Guidebook. This program's purpose is to encourage students and their families to ponder the true spirit of Christmas. Students in the 6th, 7th and 8th grades in St Rose of Lima parish participated in the event. Each 11-in x 17-in poster was to reflect the theme of Keep Christ in Christmas. Each poster was done only by the student; however, families were encouraged to discuss the theme. A scoring system was used to determine the winners based on slogan, visuals and overall impact. Judges included Brothers Joe Ferrall, Jim Meyer and Blair Connor plus Maureen Meyer, wife of Jim, and Lorraine, wife of Joe. The winners of each grade received a \$50 check which was presented by GK Chris Fabry at the school mass on January 23. Winning posters are shown here:



6th Grade - Grace Delto



7th Grade - Arielle Sandico



8th Grade - Christine Dao

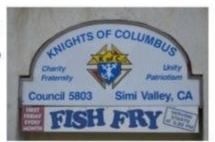


FISH FRY DINNER FIRST FRIDAY OF THE MONTH

5:00pm – 7:00pm Knights of Columbus Hall 1255 Patricia Ave.

The dinner includes: a delicious BBQ or fried

fish with coleslaw, popcorn shrimp, french fries, mac & cheese, bread roll, coffee, punch & dessert. Bring friends & family. Only \$14.00 for adults and \$5.00 for kids 12 or younger.



February Bereavement & Fraternal

Brothers and Sisters in Christ

Updated 2/1/24

This month we mourn the passing of SK Leo Maciel, and Barbara Damiani. Please keep the Maciel and Damiani families in your prayers. Please keep the following especially in your prayers Wendy Reibenspies daughter-in-law of SK Deacon Terry, SK Henry Mancilla, the McGarry family, Blanca Chowdhury and family, SK Ed Roberts, SK Don Corson, his wife Marian and son Don, Rita Downey wife of SK John, Nick Gomes, Tim Manda son of SK Jim, SK Tony Lemos, Tony Loniero, SK Tony Crane The sick below and their families are also in need of our love and prayers.

SK Bill Alexander and wife Lori Jeff Anderson Tracy Antonacci and Cheri sisters of PGK SK John David Babcock and wife Maddy Regina Barbosa daughter of SK Steve Logan Brammer's mother-in-law SK Jerry Brusseau and family Andrew Budinski PFN Alan Canfield SK Richard & Susie Case Guillermo Camarena's father Rosa Camacho Juanita Camacho mother of Tony Blanca Chowdhury and family Brian and Joseph Conant grand nephew and cousin of PGK/PFN Herman (d) Patricia wife of SK Carl Cornell (d) SK Don Corson, wife Marian and son Trudy wife of Dominick Costanzo (d) SK Tony Crane PGK/SK Tony DeMarco, Abrianna granddaughter and Jennifer DeMarco lezza daughter Jerry Mahieu brother-in-Law of SK Larry Denning Sahera sister of SK Sam Doka SK John Downey's wife Ritamarie Andy Duport Joyce Erickson sister-in-law, Amanda niece & Pam wife of SK Fred Erickson SK Jim Fabray and wife Linda Diana Fabray wife of SK Chris SK Neil Fanning's wife Lupita PGK SK Joe Ferrall and his friends Matt Weaver Sr.& Jr. PGK Bill Fisher Brian Fransen son of SK Don (d) Carmen Scurlock grand-daughter, of Paul Friedeborn Peggy, wife of Gerald Giarrusso Nick Gomes and wife Joanie SK Cody Gorecki SK Peter Grace Jacqueline Griffith mother of SK Mark Tanya Guzman SK Bob Hacia's Sister in law Dalton

Collins and uncle Tom Riza,

Alfredo Hernandez and his sister

Alejandro Hernandez SK Tim Hodgins and wife Terry SK Lance Holman Lois, wife of PGK SK Ron Huerth Kyle Kadell's Sister Karen Childers Gayle Ireland wife of PGK/SK Russ George Powell in Law, Walter Bingham uncle, Sara Jayne Powell Sister and Tim son, of SK Tom King SK Tom King's daughters Marianne and Carol. SK Duke Kopacz's wife Roberta Tony Lemos and his brother Joel Vincent Lendonne Harold (Chris) Lev Jr. Brian son of John Linscott Jr DD Mike Locolo Maria Lojo's mother-in-law Tony Loniero and son Jackie Marlene Looney Veronica Lopez & Alberto Anaya cousin & nephew of SK Alberto Lopez SK Joseph Lopez and Daughter Den-Julia Mora, daughter of SK Joe Lopez Ray Madden's brother-in-law Lou PGK/PFN/SK Henry Mancilla and his brother-in-law Alejandro Arellano Scott, grandson and niece Roseann **Fuentes** SK Jim Manda and son Tim PGK SK Bill Martin Andrew Richards friend of SK John Makenzie The Mazo Family PGK John McCracken and wife Rachel Kellie daughter and Jo McKinley wife of PGK SK AI (d) McGarry family Charles Miserendino and brother Jo-Fr John Moloney PFN Jerry Myszkowski SK Tom Morrissey and wife Hope Terry Brown's sister Megan O'maler Amy Babel Daughter of PFN/PGK SK Dan Owens Stephen Paisley son of Marilyn Saylor Padgett, Mateo Briones, grandchildren, Miguel & Cecelia Briones Fa-

ther & mother in laws, PGK David Cabone & Rita Costello friends of SK SK Jerry Padgett's wife Toni, daughter Jen and in-Law Michelle Latham Fairbourn Bree Rayburn, wife of SK Russ Rayburn Sean Reeves Deacon SK Terry Reibenspies and daughter-in-Law Wendy PGK/FN Gerry Riss niece Erin Hughes, cousin Mike Novak and friends Steve Stark and Ethan Jordan SK ED Roberts and wife Jean Wilda Rodriguez wife of PFN Anthony Sam Nenca cousin of SK Willie Romero Michael Pielaet in-law of SK Jeff Sage Miriam wife SK Louie Sanchez (d) Amber Santiago and children Bill Schmidt Greg Secor John Segar Fr Joe Shea PGK SK Bob Smith his wife Angie, sons David and Chris. Susan Smith, wife and Alex son of PGK SK Christopher Mac Senise son of Gary and Moira Sara, wife of Jim Spencer Mary wife of PGK/PFN Bob Spielman Elaine sister of PGK/PFN Bob Spiel-Peter Stiner SK David Tellez's wife Alberta and Brian Lampkinf son in Law Kitty Fidermutz, daughter of Lonnie Todd Sandy, wife of Mike Tortorici Ginger Trematore Wife of SK Joe (d) Ruben Valdez Manual Vargas, sister Mayira Vargas and his mother Maria Espinoza de Johnn vera's son MarcVenegas Family Daniel Videgain SK Gene Walinski and wife Kathy Colleen, wife of Jim Wehr (d) Chelsea grand-daughter of Jack White Shirley, wife of SK Dan Zengierski

Please continue praying for our service men and woman, they serve throughout the world helping to maintain peace and the ideals of our country. My brothers, if you know of someone in your family, or a friend who is in ill health, who needs our prayers, or of someone who can thankfully be removed from the list, Email me or a call at the address or number below.

Peace and God's blessings from your Bereavement and Fraternal Ministry.

Jerry Myszkowski, 805 522 1641 jmyszko@yahoo.com

MARCH BLOOD DRIVE

Please help our community by donating some of the red at the Knights of Columbus blood drive Saturday March 9 from 7:30 – 12:30 at the St Rose of Lima parish hall. Call Paul Friedeborn at 805-395-1126, Vitalant at 805-654-1600 or contact them online to make an appointment.

HOMELESS DINNERS

The homeless dinners are served between 5:50pm – 6:30pm at the Knights hall. If you would like to help give Rick Ostrich a call at 805-501-8818.

PENDING MOTIONS

\$240.00 for votive candles used in 40 days for life Mass.

WE NEED BINGO WORKERS

We are in need of more Bingo workers:

Callers

Cashiers

Paper

Call Back

Finance

Pull Tabs

Training is free, they are not hard jobs, and you get a free dinner. All we ask is 3 - 4 hours per month. Remember that CHARITY is one of the founding principles of the Knights and Bingo is where the council gets its money to donate to our charities! If you are new to the council, or if you have not worked Bingo, please call me so I can schedule you for training and add you to the Bingo schedule.

Thank You.

Fred Valdez

805-428-6413

F_valdez@yahoo.com

Helping Hands

Lee Turner is taking the lead on deep cleaning headstones of any Knights. If anyone needs this done they can contact him at 805-813-1656.

| 2023 - 2024 OFFICERS | | | | | |
|--------------------------|-----------------------------|----------------|------------------------------|--|--|
| Grand Knight | SK Chris Fabry | (805) 624-9858 | chrisfish74@hotmail.com | | |
| Spiritual Advisor | SK Deacon Terry Reibenspies | (805) 390-0745 | terryreib@pacbell.net | | |
| Deputy Grand Knight | Andrew Chauvin | (805) 295-7083 | andrew.chauvin@gmail.com | | |
| Chancellor | SK Paul Friedeborn | (805) 522-6080 | paulf@rsrpd.us | | |
| Warden | John Linscott, Jr. | (805) 428-8145 | johnlinscottjr@sbcglobal.net | | |
| Recorder | John Downey | (805) 579-8970 | johnandrita@sbcglobal.net | | |
| Financial Secretary | SK Lee Olson | (805) 907-2984 | maleegic@aol.com | | |
| Treasurer | SK Jim Hook | (805) 579-8438 | jhook643@gmail.com | | |
| 3-Year Trustee | PGK Joe Ferrall | (805) 428-1894 | Jnl_70@outlook.com | | |
| 2-Year Trustee | PGK Chris Smith | (805) 579-7373 | groobee@sbglobal.net | | |
| 1-Year Trustee | PGK Bob Smith | (805) 578-0434 | truestorybob@hotmail.com | | |
| Advocate | SK Joel Bruemmer | (818) 307-3590 | bruemmer@pacbell.net | | |
| Membership Chair | Jay Espiritu | (805) 587-9028 | jayespiritu@sbcglobal.net | | |
| Guard | Larry Peltier | (818)209-3580 | larrabypel@sbcglobal.net | | |
| Guard | | | | | |
| Guard | | | | | |
| District Deputy | SK Mike LoCollo | (805) 231-6188 | mikelocollo@rosdrunner.com | | |
| Insurance Representative | Ron Sandoval | (626) 510-6262 | | | |

| COUNCIL 5803 EVENTS AND CHAIRMANS | | | | | | |
|-----------------------------------|---|--|--|--|--|--|
| DATE | CHAIRMAN | TEL | E-MAIL | | | |
| | | | | | | |
| On going | PGK Rick Ostrich | 501-8818 | rickostrich@yahoo.com | | | |
| On going | SK Paul Friedeborn | 522-6080 | paulf@rsrpd.us | | | |
| On going | | | | | | |
| 5th Sundays | | | | | | |
| 1st Fridays | SK Tony Bonomo | 805-407-0578 | marilyn@marilynehrman.com | | | |
| On going | I . | 526-6194 | wilhelmi@pacbell.net | | | |
| As needed | | 522-6080 | paulf@rsrpd.us | | | |
| Monthly | | | rickostrich@yahoo.com | | | |
| 3rd Fridays | PGK Rick Ostrich | 501-8818 | rickostrich@yahoo.com | | | |
| On going | Jay Espiritu | 587-9028 | jayespiritu@sbcglobal.net | | | |
| On going | PGK George Gnesda | 522-5699 | g.gnez@yahoo.com | | | |
| On going | SK Joel Bruemmer | (818)307-3590 | bruemmer@pacbell.net | | | |
| 5th Sundays | SK Tony Lemos SK George Lemos | 584-3803 584-9816 | eliman7@sbcglobal.net lemos11@sbcglobal.net | | | |
| 1st Saturday | SK Tony Lemos SK George Lemos | 584-3803 584-9816 | eliman7@sbcglobal.net lemos11@sbcglobal.net | | | |
| TBA | TBD | | | | | |
| | | | | | | |
| Ash Wed to East- er (Fridays) | SK Tony Bonomo | 805-407-0578 | marilyn@marilynehrman.com | | | |
| Sept- Jan | PGK John Antonacci | 559-2944 | john_thetilepro@yahoo.com | | | |
| Sept-May | PGK George Gnesda | 522-5699 | g.gnez@yahoo.com | | | |
| Oct-April | PGK Rick Ostrich | 501-8818 | rickostrich@yahoo.com | | | |
| Oct-Dec | PGK Cliff Wirtz PGK Norm Ouellette | 208-8970 551-3704 | cawpaw@aol.com njouellette7@yahoo.com | | | |
| | | | | | | |
| TBD | SK Richard O'Donnell | 522-0906 | | | | |
| February | PGK John Antonacci | 559-2944 | john_thetilepro@yahoo.com | | | |
| March | Oren Robles | (805) 432-6034 | orencio8@yahoo.com | | | |
| March | | 428-1894 | jnl_70@outlook.com | | | |
| 1 0 | | | truestorybob@hotmail.com | | | |
| Spring | PGK George Gnesda | 522-5699 | g.gnez@yahoo.com | | | |
| Spring | GK Joe Ferrall | 805-428-1894 | jnl_70@outlook.com | | | |
| TBD | PGK Cliff Wirtz | 208-8970 | cawpaw@aol.com | | | |
| June TBD | Need chairman | | | | | |
| July | | | | | | |
| July | | | | | | |
| September | PGK Bob Smith | 578-0434 | truestorybob@hotmail.com | | | |
| September | SK John MacKenzie PGK John Antonacci | 522-9818 559-2944 | ukmackenzie@yahoo.com john_thetilepro@yahoo.com | | | |
| Oct | PGK Christopher Smith | 579-7373 | groobee@sbcglobal.net | | | |
| | | | cawpaw@aol.com | | | |
| October | | | john_thetilepro@yahoo.com | | | |
| October | • | | tgammy@yahoo.com | | | |
| November | PGKs Jerry Padgett & Rick Ostrich | 661-492-5473 501-8818 | rickostrich@yahoo.com | | | |
| November | PGK Bob Smith | 578-0434 | truestorybob@hotmail.com | | | |
| December | DGK Chris Fabry | 805-624-9858 | chrisfish74@hotmail.com | | | |
| Dec 31st | | | | | | |
| | On going On going On going Sth Sundays 1st Fridays On going As needed Monthly 3rd Fridays On going On going On going On going Sth Sundays 1st Saturday TBA Ash Wed to Easter (Fridays) Sept-Jan Sept-May Oct-April Oct-Dec TBD February March March Spring TBD July July September September Oct Oct Oct October October November November November | On going PGK Rick Ostrich On going SK Paul Friedeborn On going SK Paul Friedeborn On going Sth Sundays Ist Fridays SK Tony Bonomo On going SK Frank Wilhelmi As needed SK Paul Friedeborn Monthly PGK Rick Ostrich 3rd Fridays PGK Rick Ostrich On going Jay Espiritu On going PGK George Gnesda On going SK Tony Lemos SK George Lemos Ist Saturday SK Tony Lemos SK George Lemos TBA TBD Ash Wed to Easter (Fridays) Sept- Jan PGK John Antonacci Sept-May PGK George Gnesda Oct-April PGK Rick Ostrich Oct-Dec PGK Cliff Wirtz PGK Norm Ouellette TBD SK Richard O'Donnell February PGK John Antonacci March Oren Robles March GK Joe Ferrall Spring PGK George Gnesda Spring PGK George Gnesda Spring PGK George Gnesda Spring PGK George Gnesda Spring PGK Bob Smith Spring PGK George Gnesda Spring PGK Bob Smith Spring PGK George Gnesda Spring PGK George Gnesda Spring PGK George Gnesda Spring PGK Bob Smith Spring PGK George Gnesda Spring PGK Goorge Gnesda Spring PGK George Gnesda Spring PGK George Gnesda | DATE CHAIRMAN TEL On going PGK Rick Ostrich 501-8818 On going SK Paul Friedeborn 522-6080 On going SK Paul Friedeborn 522-6080 On going SK Tony Bonomo 805-407-0578 On going SK Frank Wilhelmi 526-6194 As needed SK Paul Friedeborn 522-6080 Monthly PGK Rick Ostrich 501-8818 On going PGK Rick Ostrich 501-8818 On going Jay Espiritu 587-9028 On going PGK George Gnesda 522-5699 On going SK Joel Bruemmer (818)307-3590 5th Sundays SK Tony Lemos 584-3803 SK George Lemos 584-3803 SK Tony Lemos 584-3803 SK George Lemos 584-9816 TBA TBD Ash Wed to Easter (Fridays) SK Tony Lemos 584-9816 SK Tony Lemos SK Tony Seone 584-9816 TBD SK Tony Bonomo 805-407-0578 Sept-Jan PGK John Antona | | | |

February 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|--|---------------|---|--|
| | | | | 1 Bowling | 2 Fish Fry | 3 *Rosary at Assumption 9:30AM *Bingo at Shepard of the Valley Lutheran church *Mass for Leo Maciel 10am |
| 4 *Community Dinner 5:30- 6:30 *PADS | 5 Chili Cookoff Meeting 6 PM | 6 5803 Officers Meeting 7PM | 7 PADs Services for wendi Reiben- spies 2PM | 8 Bowling | 9 | 10 *Bingo at Shepard of the Valley Lu- theran church |
| *PADS *Super Bowl | 12 | 13 5803 Business Meeting 7:30PM Pre Meal 6:30 Rosary 7PM | *Valentines Day *Ash Wednesday *PADS | 15 Bowling | 16 Lenten Fish Fry 4:30 to 7PM | *Bingo at Shepard of the Valley Lu- theran church |
| *Community Dinner 5:30- 6:30 *PADS | 19 Presidents' Day *Community Breakfast *Chili Cookoff Meeting 6 PM | 20 | *4th degree Officers meet- ing 6PM Rosary 6:30PM Meeting 7:00PM | 22 Bowling | 23 Lenten Fish Fry 4:30 to 7PM | *Bingo at Shepard of the Valley Lu- theran church *Ya Ya 18th anni- versary party |
| *Combined Family Mass *Right to life breakfast *Community Dinner 5:30- 6:30 *PADS | 26 | 27 | 28 PADS | 29 Bowling | | |

March 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|-------------------------------------|---|---|-----------------------------------|---|--|
| | | | | | 1 Lenten Fish Fry 4:30 to 7PM | *Rosary at Assumption 9:30AM *No Bingo |
| 3 *Community Dinner 5:30- 6:30 *PADS | 4 Chili Cookoff Meeting 6 PM | 5 5803 Officers Meeting 7PM | 6 PADS | 7 Bowling | 8 Lenten Fish Fry 4:30 to 7PM | 9 *Bingo at Shepard of the Valley Lu- theran church *KOC Blood Drive |
| *PADS *Community Dinner 5:30- 6:30 *Daylight Saving Time starts | 11 | 5803 Business Meeting 7:30PM Pre Meal 6:30 Rosary 7PM | 13 *PADS | 14 Bowling | 15 Lenten Fish Fry 4:30 to 7PM | 16 *Bingo at Shepard of the Valley Lu- theran church |
| *PADS *St Patrick's Day Dinner 1- 4PM *Community Dinner 5:30- 6:30 | 18 Chili Cookoff Meeting 6 PM | 19 | *4th degree Officers meeting 6PM Rosary 7:00PM Meeting 7:30PM | 21 Bowling | Lenten Fish Fry 4:30 to 7PM Little House on the Prairie 50th Anniver- sary | *Bingo at Shepard of the Valley Lu- theran church Little House on the Prairie 50th Anniversary |
| *Community Dinner 5:30- 6:30 *PADS *Little House on the Prairie 50th Anniver- sary Palm Sunday | 25 | 26 | 27 PADS | 28 No Bowling Holy Thursday | 29 Lenten Fish Fry 4:30 to 7PM Good Friday | 30 *Bingo at Shepard of the Valley Lu- theran church Easter Vigil |
| 31 EASTER *Community Dinner 5:30- 6:30 *PADS | | | | | | |